

# ASTRO Networks Victoria Inc.

*is proud to present*

**Bronwyn Bennett**

*to speak on*



## How to be Healthy in a Toxic World

Bronwyn is a Certified Building Biologist and Certified Mould Testing Technician. She has also studied Clinical Massage and Natural Medicine to give her clients a comprehensive insight on how lifestyle and environmental factors are all fundamentally connected to our health and wellbeing, including the mind, body and spirit.

Bronwyn believes that our health, happiness and wellbeing is paramount. We live in an environment that is surrounded by toxins, allergens, chemicals and electromagnetic fields. The government, big pharma, big telecommunications, big Agriculture dictate what is in our food, soil, air, water, our homes and our bodies. As individuals, it is up to us to be proactive, aware and responsible for what we are exposed to on a daily basis. Small changes can make a huge difference. Bronwyn loves what she does and focuses on educating and empowering others to protect the next generation from factors that are detrimental to our health and provide alternatives and solutions to daily issues.

The Evenings' Presentation will Focus on;-

- *Precautionary Principles.*
- *What Have we Learnt from History?*
- *Open Wide – Dental Toxicity.*
- *Don't be Zapped – Power Off and Disconnect.*
  - *The Importance of Sleep.*
  - *Fresh Air.*

**Creating Environmentally Healthy Spaces in the Your Home!  
A Very Interesting and Informative Evening! See You There!!**

**Monday, the 17<sup>th</sup> of June, 2024**

**Doors open: 7:45 p.m. (Presentation commences at 8:00 p.m.)**

***Members - \$5.00      Non Members - \$15.00***

**Kew Library, Cnr Cotham Road & Civic Drive, Kew, 3101**

*Organic Teas/Coffee/Hot Chocolate/Herbal Teas with Biscuits provided.*

For more information about this and other ASTRO events contact Sergio or Josephine on  
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