

ASTRO Networks Victoria Inc.

is proud to present

Jo Woodland

to speak on



Quantum Healing Hypnosis Technique

Jo has been a Practitioner of the Quantum Healing Hypnosis Technique for 5 years and has facilitated over 500 client sessions to date. Quantum Healing Hypnosis Technique (QHHT) was created and taught by the late, Dolores Cannon. Dolores was a Master Hypnotherapist and pioneer in her field with a career spanning almost 50 years. She is the Author of 18 fascinating hypnosis books covering the topics of past life regression, in between lives, the Metaphysical, UFO and ET's experiences and most importantly assisting the client to bring forth much needed wisdom, as well as, emotional and physical healing from their Higher Self. Practitioners like Jo still continue her trail blazing work from all around the world today.

Many traditional Hypnotists work in the lighter levels of trance with their clients and due to the short length of their sessions often do not reach the deeper levels of trance nor have sufficient time with their clients to allow the conscious ego mind to tire itself out. QHHT Practitioners work in the deeper 'theta' brain wave state. QHHT sessions are not rushed, they are much more lengthy than most to allow the client the natural time they need to develop trust with their Practitioner and relax into this very deep state of relaxation. Jo's client appointments are 5 to 6 hours long from start to finish with the hypnosis portion generally running from 1.5 to 2.5 hours. This allows the precious time needed to 'exhaust' the conscious ego mind so that higher levels of consciousness can be accessed. With Quantum Healing Hypnosis, the Higher Self is often referred to as the 'Subconscious' or 'They'. This powerful force loves us deeply and is 'all knowing'. Jo will share with you her clients amazing journeys of healing through time, space and dimension.

The Evenings' Presentation will Focus on;

- *Jo's Background and the Spiritual Experiences that Pushed her to Become a Practitioner.*
 - *What is Quantum Healing Hypnosis and the Misconceptions of Hypnosis.*
- *What it Really Feels like to be Hypnotised. How to Relax the Ego Mind and Access Higher Levels of Consciousness.*
- *Jo's Interesting Client Hypnosis Sessions – Stories from the Current Life, the Actual Physical Death and Past Lives.*
- *Other Fascinating Collections of Client Experiences – Metaphysical Sessions, Animal Lives, Consciousness as Energy, E.T. Experiences, Lives as Non Human Beings on other Planets and more.*
- *The Benefits of Quantum Healing Hypnosis and the Magic that Occurs During and after your Session.*

A Very Fascinating and Informative Evening! See You There!!

Monday, 8th of July, 2019

7:45 p.m.

Members - \$5.00

Non Members - \$15.00

Kew Library, Cnr Cotham Road & Civic Drive, Kew, 3101

Tea/Coffee/Herbal Tea with Biscuits provided

For more information about this and other ASTRO events contact Sergio or Josephine on
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