

# ASTRO Networks Victoria Inc.

*is proud to present*

## Angelo Eliades

*to speak on*



## The Power of Dreams

Angelo is a Writer and Presenter in the areas of sustainable gardening and permaculture but his experience working with the energies of Nature, people and places, go much deeper. He has over twenty years of experience in shamanic healing work and dream analysis. In his work, he helps others navigate the depths of the psyche and understand the symbolic language of the subconscious mind, in order to identify and release deep seated traumas, restore inner harmony and find inner meaning and purpose.

'It's just a dream', or so we are often told... We spend a third of our lives asleep and during that time we experience an inner reality in our dream states that can have a powerful emotional effect on us, at the time, and when we awaken. Dreams can be pleasant, inspirational or downright terrifying, and most often, rather strange and confusing. What we experience when we dream is the inner world of the subconscious mind which is symbolic in nature. When we learn how to interpret the symbolic language of dreams, we can unlock the meaning to understand what our mind is trying to tell us. We can use our dreams as an inner compass to guide us on our journey of personal self-development.

The Evenings' Presentation will Focus on;

- ❖ *What are Dreams and Why do they Matter?*
- ❖ *The Most Familiar Dream Themes and What they Mean.*
- ❖ *Understanding and Distinguishing the Three Categories of Dream Symbols ~ Universal, Cultural and Personal.*
- ❖ *An Introduction to the Most Common Dream Symbols and How to Easily Remember their Meanings.*
- ❖ *Creating the Story, Interpreting Dream Symbols without a Dream Dictionary (Yes, it's Possible to Do!)*
- ❖ *Don't Dream or Forget your Dreams? Some Useful Tips for Remembering and Recalling Dreams.*
- ❖ *Was it a Dream or ....? Examining Some of the Unusual Sleep Experiences, Such as Lucid Dreaming and more.*

**The Power of Dreams as Sources of Insight.  
A Very Informative Evening! See You There!!**

**Monday, the 19<sup>th</sup> of June, 2023**

**Doors Open: 7:45 p.m. (Presentation Commences at 8:00 p.m.)**

**Members - \$5.00      Non Members - \$15.00**

**Kew Library, Cnr Cotham Road & Civic Drive, Kew, 3101**

*Organic Teas/Coffee/Hot Chocolate/Herbal Teas with Biscuits provided.*

For more information about this and other ASTRO events contact Sergio or Josephine.

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