

ASTRO Networks Victoria Inc.

is proud to present

Bronwyn Bennett

to speak on



Building Biology ~ How the Built Environment Affects our Health

Bronwyn is a Certified Building Biologist and Certified Mould Testing Technician. She has also studied Clinical Massage and Natural Medicine to give her clients a comprehensive insight on how lifestyle and environmental factors are all fundamentally connected to our health and wellbeing, including the mind, body and spirit.

Bronwyn believes that our health and wellbeing is paramount, and with the recent pandemic, we have all been forced to spend many hours indoor. This has highlighted the importance of living in a home that functions, effectively, by providing a weatherproof structure with ventilation, heating and/or cooling. A space that nurtures us and allows us to rest and repair, and also to work, be creative and successful.

A home that is cluttered or full of mould and moisture does not equate to happiness and health. She will explain the how and why of building biology and provide solutions to create healthy indoor air and reduce exposure to radiation and electromagnetic fields.

The Evenings' Presentation will Focus on;-

- *What is Building Biology?*
- *Precautionary Principle.*
- *Mould and Biotoxin Illness.*
- *Electrobiological ~ What are they? How they May Impact the Body.*
 - *Solutions.*
- *Hands On Working Display of Meters.*

**Creating Environmentally Healthy Spaces in the Your Home!
A Very Interesting and Informative Evening! See You There!!**

Monday, the 11th of July, 2022

Doors open: 7:45 p.m. (Presentation starts: 8:00 p.m.)

Members - \$5.00

Non Members - \$15.00

Kew Library, Cnr Cotham Road & Civic Drive, Kew, 3101

Organic Teas/Coffee/Hot Chocolate/Herbal Teas with Biscuits provided.

For more information about this and other ASTRO events contact Sergio or Josephine on (03) 9857 8719 (AH) or Email to; astro@home.netspeed.com.au or write to; P.O. Box 4032, Balwyn, Vic., 3103

Website Address: www.astronet.org.au