

ASTRO Networks Victoria Inc.

is proud to present

Alison Lovett

to speak on



Australian Bush Flower Essences

Alison is a Holistic Counsellor with 10 years experience in the counselling profession and 12 years experience as a Bach and Bush Flower Essences Practitioner with relevant teaching qualifications. She has worked in private practice with the elderly and disabled in Aged Care Facilities and in their homes. She is a qualified member of the Australian Counselling Association (ACA) and a full member of Counsellors Victoria (CV) with ongoing Professional Development and Professional Supervision commitments.

People from all around the world have long been inspired and fascinated by the flowers of the Australian bush. Alison will help you to understand the clues nature has given to the healing qualities of the flowers by their shape, colour etc. - what ancient Healers termed the Doctrine of Signatures. The Australian Aboriginals and the ancient Egyptians have always used Flower Essences to bring about emotional balance, in fact, all the Great Healers of the past i.e. Hippocrates, Paracelsus, Aristotle, Hahnemann all agreed that good health was the result of emotional, mental and spiritual harmony.

The Evenings' Presentation will Focus on;

- *The History of Flower Essences and How to Interpret the Ancient Art of the Doctrine of Signatures including; Colour Therapy, Numerology and Assessing the Wisdom of your Higher Self.*
- *The Mind Body Connection;- "Where the Emotions Go, the Mind and Body Follow" - Ian White.*
 - *A Journey Through the Chakras and Subtle Energy Bodies including their common Emotional Issues and Corresponding Bush Essences.*
 - *Mother Tinctures, Stock Bottles and How to Prepare a Dose Bottle.*
- *Methods of Application;- Individual Essences, Combinations, Oral Sprays, Mists and Creams.*
- *Purpose;- Healing is Promoted by the Release of Negative Beliefs and by Flooding One's Being with the Positive Virtues Inherent in the Higher Self. Flower Essences are Catalysts to Unlock your Full Potential, bringing Harmony to your Soul.*

**An Evening Exploring the Hidden Balancing and Healing Powers of Australian Bush Flowers!
A Night Not to be Missed! See You There!!**

Monday, 8th of February, 2016

7:45 p.m.

Members - \$5.00

Non Members - \$15.00

Balwyn Library, 336 Whitehorse Road, Balwyn, Vic., 3103

Tea/Coffee/Herbal Tea with Biscuits provided

For more information about this and other ASTRO events contact Sergio or Josephine on (03) 9857 8719 (AH) or write to; PO Box 4032, Balwyn, Vic., 3103 or Email: astro@home.netspeed.com.au
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