

ASTRO Networks Victoria Inc.

is proud to present

Nicole Bijlsma

to speak on



Are Modern Technologies in Your Home Making you Unwell?

Nicole is a Building Biologist and the Founder/CEO of the **Australian College of Environmental Studies** established in 1999. She is also an accomplished Naturopath, Acupuncturist, Building Biologist who has been in clinical practice since 1989. She is an ambassador for the Mindd Foundation and is a popular Public Speaker having lectured at various tertiary institutions and at health and wellbeing and medical conferences to integrative GPs (ACNEM) and Health Practitioners. She is the Author of the book, '*Healthy Home Healthy Family*' which attracted numerous radio and television interviews. Nicole has her own Healthy Home column published twice monthly in the Body & Soul lift out (News Corp Australia) which has a readership of 6 million+ readers.

Nicole is a woman of passion and her passion lies in environmental medicine. She first became interested in building biology as a result of two events that occurred in her life; the first was when she began to notice the connection between many of her patients' ill health and their homes. The second was her infertility problem.

The cause of her ten miscarriages was eventually identified as an immune disorder (diagnosed by a US reproductive immunologist) which she now suspects arose from long term exposure to a high electromagnetic field (sleeping next to the 'meter box'). After relocating to another bedroom, her sleep improved and she gave birth to twins, one year later.

The Evenings' Presentation will Focus on;

- *Electromagnetic Fields – What's all the Fuss About?*
- *Exposure Standards - Who Sets Them? and Why They are Inadequate - (How Australia Compares with Other Countries).*
- *Adverse Health Effects and Electromagnetic Hypersensitivity.*
 - *Biomarkers and Diagnosis.*
 - *Sources of Electro Pollution in the Home.*
 - *Simple Steps to Reduce ones Exposure.*

**A Very Practical and Informative Evening! A Night Not to be Missed!
See You There!!**

Monday, 16th of March, 2015

7:45 p.m.

Members - \$5.00

Non Members - \$15.00

Balwyn Library, 336 Whitehorse Road, Balwyn, Vic., 3103

Tea/Coffee/Herbal Tea with Biscuits provided

For more information about this and other ASTRO events contact Sergio or Josephine on
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